

RAN-1806000801040004

First Year M. Sc. (Nursing) Examination October - 2025
Clinical Speciality I - Mental Health (Psychiatric) Nursing

Time: 3 Hours]
[Total Marks: 75
સૂચના : / Instructions

- (1) ઉપરોક્ત દશવિધ વિગતો ઉત્તરવહી પર અવશ્ય લખવી.
 Fill up strictly the above details on your answer book.

Seat No.:

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Student's Signature

SECTION - I
Q. 1. SHORT ANSWER (ANY 3)
(03×06=18)

1. Explain the Standards of Mental Health nursing
2. Write a Note on Neurotransmitters, specifically explaining the functions of it and their involvement of the neurotransmitters in psychiatric Disorders.
3. Explain the barriers of Communication and explain therapeutic Impasse and its management.
4. Explain the Theories related to Stress
5. Behavioral pattern of Passive, aggressive and assertive person with appropriate examples.

Q. 2. Long Answer (Any 2)
(02×10=20)

1. Psychoanalytic Theory by Sigmund Freud.
2. Explain ICD and DSM Classification of Mental illness.
3. Mrs. Suman aged 31 years old, is a known case of Depression. After Mrs. Suman has lost her job 2 months back she started developing complains related to Chronophobia (persistent and often irrational fear of the future or the fear of passing time). She Feeling like running away, crying, shaking, or trembling. Having overwhelming thoughts of death and dying. The Mental health team are doing their best, but the head nurse has asked you as a student nurse to help her with Stress management of Mrs. Suman. What kind of Stress Management will you involve for Mrs. Suman during her stay in the psychiatric ward?

SECTION - II
Q. 3. Short Answer (Any 3)
(03×05=15)

1. What is PIE method of documentation and how is it different from other documentation methods.
2. Write a note on ECT
3. Characteristics of individual with low self esteem
4. Explain the Mood Stabilizers in psychopharmacology
5. How does Acupressure and Acupuncture help the patients in mental health.

Q. 4. Long Answer (Any 2)

(02×11=22)

1. Mr. Rishab is admitted with schizophrenia from last 15 days and the patient is right now stable. The mental health team has decided Mr. Rishab to undergo Milieu Therapy. Give your detailed inputs with appropriate rationale related to the therapy and help the patient recover from the disorder.
 2. Write a note on Anti-Depressants.
 3. Enlist the relaxation techniques/therapies and Explain in detail.
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